



Ten Reasons to Throw out your Microwave Oven

From the conclusions of the Swiss, Russian and German scientific clinical studies, we can no longer ignore the microwave oven sitting in our kitchens.

1. Continually eating food processed from a microwave oven causes long term — permanent — brain damage by "shorting out" electrical impulses in the brain (de-polarising or de-magnetising the brain tissue).
2. The human body cannot metabolise (break down) the unknown by-products created in microwaved food.
3. Male and female hormone production is shut down and/or altered by continually eating microwaved foods.
4. The effects of microwaved food by-products are residual (long term, permanent) within the human body.
5. Minerals, vitamins, and nutrients of all microwaved food is reduced or altered so that the human body gets little or no benefit, or the human body absorbs altered compounds that cannot be broken down.
6. The minerals in vegetables are altered into cancerous free radicals when cooked in microwave ovens.
7. Microwaved foods cause stomach and intestinal cancerous growths (tumors). This may explain the rapidly increased rate of colon cancer in America.
8. The prolonged eating of microwaved foods causes cancerous cells to increase in human blood.
9. Continual ingestion of microwaved food causes immune system deficiencies through lymph gland and blood serum alterations.
10. Eating microwaved food causes loss of memory, concentration, emotional instability, and a decrease of intelligence.

Have you tossed out your microwave oven yet?

FORENSIC RESEARCH DOCUMENT, Prepared by: William P Kopp A.R.E.C. Research Operations T061-7R10/10-77F05

Contagious? Epidemic?

*Smiling is contagious; you catch it like the flu.
When someone smiled at me today, I started smiling too.
I went around the corner where someone saw my grin.
When he smiled I realised, I'd passed it on to him.
I thought about my smile, then realised its worth.
A single smile like mine, could travel 'round the earth.
So, if you feel a smile begin, don't leave it undetected.
Let's start an epidemic and get the world infected.....*



Referrals - \$20 discount

When you refer a new client or family member both you and the person you refer receive a \$20 discount on your next appointment. When they give your name, we record the \$20 credit on your file. Children \$10 discount.

Quotes

"The elevator to success is out of order. You'll have to use the stairs ... one step at a time."

Joe Girard

"Live in such a way that you would not be ashamed to sell your parrot to the town gossip."

Will Rogers

Do you wonder...

If corn oil is made from corn, and vegetable oil is made from vegetables, then what is baby oil made from?

Winter Hints

For a SORE THROAT, add 2 tablespoons of apple cider vinegar to some hot water and sweeten with a little honey. Sip a cupful two to three times a day. The vinegar has an antiseptic action.

For a COUGH, cut up an onion and sprinkle with brown sugar. A couple of teaspoonfuls of the resulting sweetened juice is remarkable for easing even the most persistent cough.